



Impact on **Urban Health**





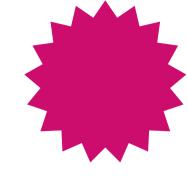
Reaching the 'Connectors'

HOW TO BUILD TRUST WITHIN A COMMUNITY



Table of Contents





Introduction

Backed by Impact on Urban Health and Wellcome Trust, The Giving Lab (TGL) is a community-led fund that brings together people, organisations and businesses in West-Central Southwark to share and develop ideas for improving community health (watch our explainer video here). It supports community members to:

- Meaningfully and authentically engage with health research
- Better understand local health systems
- Define priorities, develop, and fund health initiatives

Through this work, our aim is that residents affected by multiple long-term conditions (MLTCs) will be better able to manage their own health, access support to meet their needs, and have more power and control over their lives, health and community.

The Giving Lab funds community ideas that make a lasting change in three key areas of their lives - where they live, where they work, and how they manage their money.

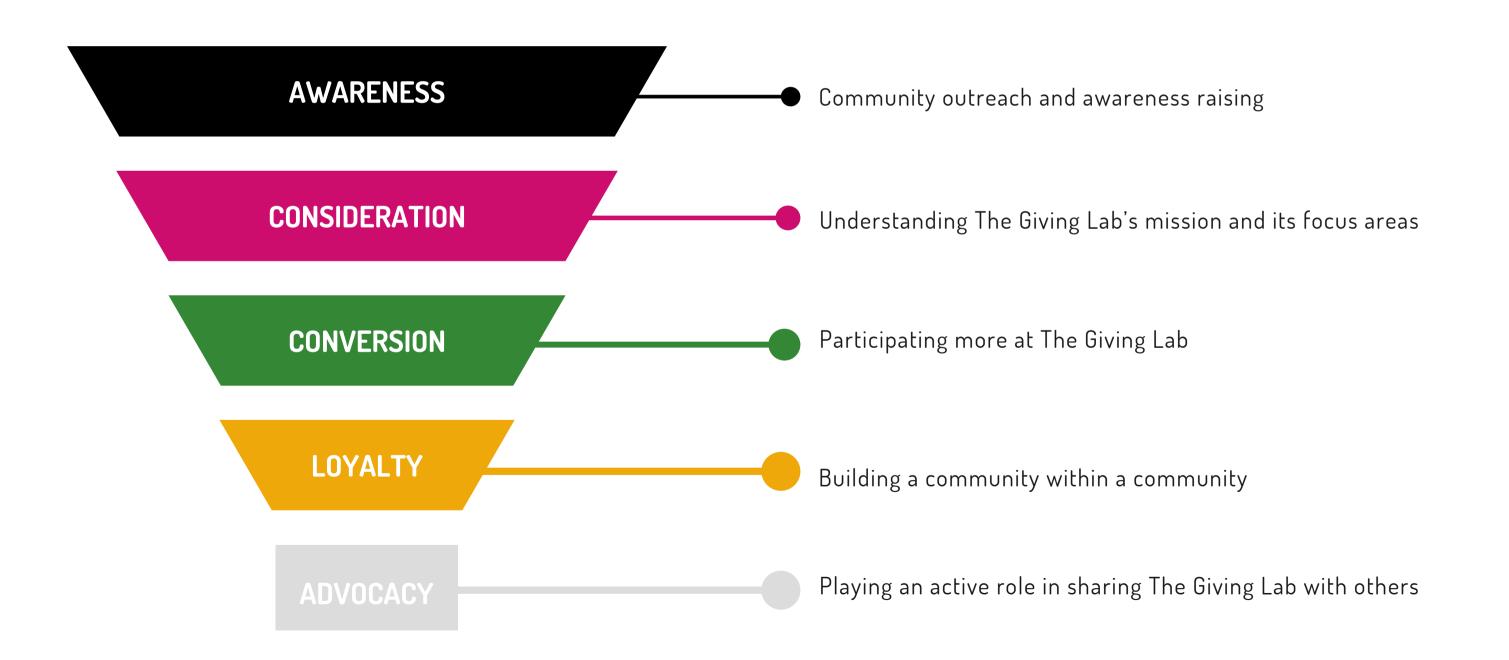
We believed that the fund would be most effective when communities' lived expertise was integrated alongside information on the local service landscape and health research in order to shape projects. As a result, we combined individual's lived experience with research, evidence, and training in a collaborative environment. Finding the best way to do this was one of the key objectives of this pilot.

Now in its final year, we are reflecting on the learnings that have emerged from The Giving Lab's 4 Areas of Impact - Community Engagement, Public Engagement in Health Research, Piloting Funding process, and Evaluation and Learning. With the support of our independent Learning Partner TSIC, we were able to gather and analyse the data that formed the foundation for the content in this deck.

This document will take you through **Impact Area 1: Community Engagement**, specifically, how we engaged the community in understanding the **purpose** of the The Giving Lab funding model, how we reached local 'connectors', and how we built and maintained trust.

Our journey to reach community advocates

To reach local connectors and build widespread trust, The Giving Lab went on a journey with its community members. First spreading awareness of who we are and what we aimed to achieve, all the way down the funnel to reaching those who would champion The Giving Lab and become its advocates.



Key Learnings: An Overview

The Giving Lab (TGL) hosted several in-person and virtual workshops throughout the pilot. All learnings listed throughout this document are evidence-based and sourced.

AWARENESS

To increase representation and reach, The Giving Lab needs to:

- Take a multi-media and multi-channel approach to publicising its events
- Better understand how to connect with the communities it currently doesn't reach, and build trust with them
- Make greater use of visual aids and communication formats. Increase the number of languages used, and avoid jargon

- Community members now recognise.
 The Giving Lab as an opportunity to work towards collective change.
- Participants are motivated to join The Giving Lab to meet more people, help others and give back to their neighbourhood
- Many expressed an interest in learning new skills and getting new opportunities
- More clarity and context is required on TGL's 3 areas of focus: secure housing, meaningful work, and financial health

CONSIDERATION

CONVERSION

To encourage participation with The Giving Lab. there needs to be more:

- Clarity on what is involved in community roles
- Awareness of pain-points and preempted pain relievers such as invoice templates, meeting coordination, and funding eligibility criteria
- Expertise readily available. This can come in the form of training, mentorship and learning buddies

To establish loyalty amongst participants, The Giving Lab should continue to:

- Make its vision and values clear
- Offer ongoing support and financial remuneration
- Provide opportunities to gain new skills and give back to the community
- Foster relationships through networking and community building events

LOYALTY

ADVOCACY

People advocate for The Giving Lab because it:

- Is a community-led initiative, by and for the community
- Takes an inclusive and democratic approach to tackling community issues
- Builds their confidence
- Makes them feel valued and heard
- Is a supportive network
- Brings together like-minded people
- Has helped build their personal profiles within the community
- Enables them to fulfil a passion
- Makes it easy to spread word of mouth through events, platforms, and groups it has created

AWARENESS

Community outreach and awareness raising

The Giving Lab Outreach Activities:

- Direct visits to organisations/community groups
- Word of Mouth
- Outreach through community connectors
- Pop-ups at local venues
- Social media comms
- Participation at local community events:
 - Kaleidoscope Africa Day, St. Peter's Church
 - The Winter Festival, Nursery Row Park
 - Black History Month, Pembroke House



Challenges:

The Giving Lab must consider how to extend its reach to connect with more diverse representatives in Walworth. These include under-represented people in housing estates, the Latin community, businesses, young people, and parents. A more profound understanding of these groups, their interests, concerns, accessibility criteria, and existing activities within the community is needed.

Community suggested solutions:

- Use of different and more accessible language
- Visual aids
- A wider mix of communication formats including video, voice notes, and captions
- Short surveys to capture people's diverse needs
- Greater support and guidance
- Revised funding applications that speak more to intent rather than skills and qualifications
- A more 'targeted outreach and engagement' approach to reach under-represented communities

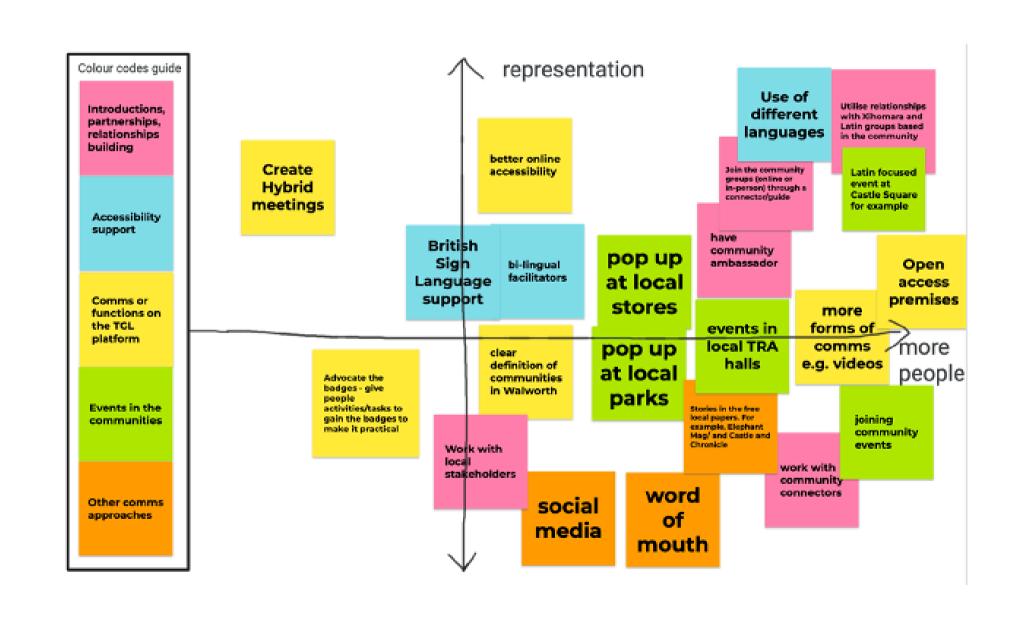
AWARENESS

Reaching more diverse communities

During the workshop, participants prioritised the ideas collated from previous sessions and brainstormed more ideas to increase reach to diverse communities more equitably. Ideas were prioritised via two metrics, **1) Improve Representation**, **2) Increase Reach**, and grouped into <u>5 categories</u>:

- 1. Introductions, Partnerships, Relationship Building
- 2. Accessibility and Support
- 3. Communications on how the The Giving Lab platform functions
- 4. Community Events
- 5. Other communications approaches

Conclusion: To increase representation, there needs to be a greater focus on **accessibility** as well as **face-to-face meeting opportunities**.

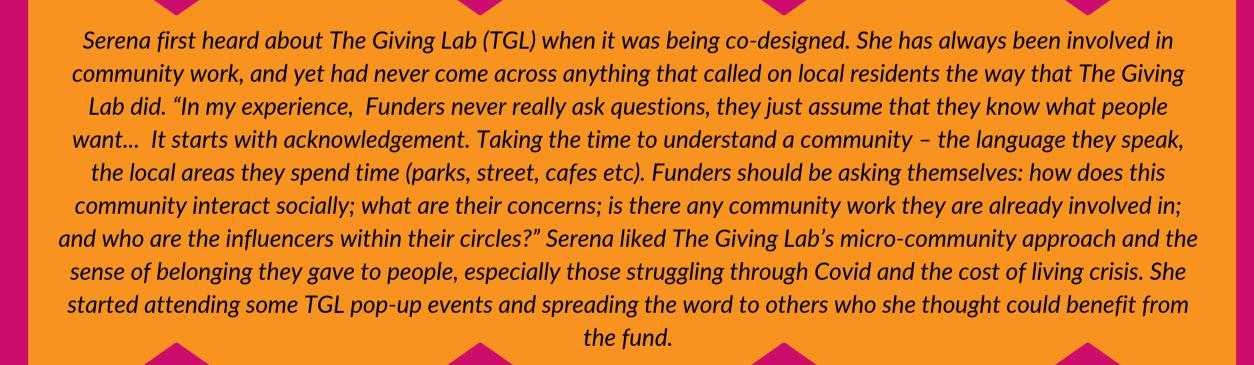


Data source: Virtual Model Redesign Workshop, December 2021

AWARENESS

A community member's reflection

SERENA DYETT, THE GIVING LAB ENGAGEMENT AND OUTREACH LEAD, WALWORTH COMMUNITY MEMBER





For more on how Funders can reach new demographics and build trust with their connectors, read **Trying harder: How to involve and engage communities who are seldom heard, a conversation with Serena**

CONSIDERATION

Understanding the community's response to The Giving Lab's mission and their motivations to participate

The Giving Lab is an experimental pilot that, by nature, is constantly evolving and being adapted based on community feedback. We always expected that we might need to briefly pause and refine our funding model, which is exactly what we did in 2021 (?) For more on why and how we refined our funding model, read our <u>Q&A with Saboohi Bukhari</u>, Head of Funding at TGL.

During the September 2021 In-Person Learning Workshop, we were pleased to see that community members were clear and aligned on The Giving Lab's mission and saw it as a platform that would affirm their agency and offer a range opportunities to take more social action, community build, and learn new skills.

OPPORTUNITY 1

A chance to define how the community could work.

OPPORTUNITY 2

Affirming community
members' position to speak
to the council and other
organisations about local
problems.

OPPORTUNITY 3

A chance to meet new people and give back to the community.

OPPORTUNITY 4

Learn new skills and get new opportunities.

Data source: In-person learning workshop, September 2021

CONSIDERATION

Communicating The Giving Lab's 3 focus areas

Challenges

- Participants didn't know why the 3 themes (secure housing, meaningful work, and financial health) were chosen as the priorities in Walworth and believed the community's agenda could be different
- The understanding of the themes seemed to depend on how long the community members have been involved with The Giving Lab
- Those mainly engaging with The Giving Lab via the online platform didn't feel there was sufficient accessible information about the 3 themes
- Participants expected to know how to make use of The Giving Lab resources first and foremost before engaging with the 3 themes.
- Community didn't understand why 'preventative health' wasn't included in the fund's criteria, as it is has the ability to stop a single long-term health condition from becoming multiple long-term health conditions.

Data source: In-person learning workshop, September 2021

Community suggested solutions

1. Provide evidence and information about the three key areas:

CHANGING THE LANGUAGE FROM 'SECURE HOUSING, MEANINGFUL WORK, AND FINANCIAL HEALTH' TO 'YOUR MONEY, YOUR HOUSING, YOUR WORK'

INCLUSION OF 'PREVENTATIVE HEALTH' IN CRITERIA

EVIDENCE MAPS AND VISION BOARDS

TESTIMONIALS AND IMPACT STORIES

BRING STORIES TO LIFE THROUGH ART, THEATRE, MUSIC AND DANCE

Building community trust came from listening and adapting our approach to one that had more <u>resonance</u> with the local population.

CONSIDERATION

A community member's reflection

JOHN WHELAN, THE GIVING LAB COMMS AND EVENTS ADVISOR



"We once held a workshop where we got community members to dramatize The Giving Lab's 3 themes - your money, your house, your job. It humanised what the fund is all about... If you're going in cold, it's difficult to get people to open up. Creativity, whether it's drama, crafts, or something else, offers a safe and democratic space where everyone has an equal voice.

Most Funders are guilty of committing 'death by powerpoint'. Not only does the content not resonate with the audience, but it establishes an 'us and them' rapport, which by definition, is not community engagement. "

For more on the role of creativity in shifting power dynamics and building trust, scroll through *Creativity and Community: Moving towards equity and away from 'us vs them'* a photo-essay with John.

CONVERSION

Encouraging participation with The Giving Lab

Data source: Virtual Model Redesign Workshop, December 2021

During the workshop we discussed people's experience taking up the individual community roles - specifically, joining an **Ideas Team** or becoming a **Facilitator**. Experiences were broken into the 3 areas below.

WHAT IS AN IDEAS TEAM? An Ideas Team is a group of people that work together to develop a project. Each idea team consists of a community learner, a community facilitator, and up to 4 idea team members. Each idea team is a part of one of our three Labs: money, housing, or work.

Clear information about roles
Simple language, avoid jargon
Recorded training sessions
'A day in the life' videos
Roleplay

Roles

The roles and responsibilities of a community role.

- Developing project plans
- Weekly meetings and homework

IDEAS TEAMS

Pains

The challenges that they have faced and how The Giving Lab (TGL) can better anticipate and mitigate some of those pains.

- Meeting coordination
- Invoice and contracting templates
- Open communication with Facilitators
- Understanding the eligibility criteria for funding
- Making the project relevant to a wide demographic
- Ensuring all voices are heard

Gains

The benefits or achievements they have obtained.

- Skills development and growth as a team and individuals
- Being a changemaker and benefiting from those changes
- Real community democracy
- Working with like-minded people
- Having expertise readily available within the team or at TGL
- Greater focus on 3 key themes

CONVERSION

Encouraging participation with The Giving Lab

WHAT IS A FACILITATOR? A Facilitator is someone trained in how to facilitate group discussions with diverse individuals. Facilitators will support idea teams to make decisions together. They do this without pushing their own views or ideas.

Roles

The roles and responsibilities of a community role.

- Facilitate Ideas and Inspiration team sessions (online and inperson)
- Provide follow-up support

Pains

The challenges that they have faced and how The Giving Lab (TGL) can better anticipate and mitigate some of those pains.

- Getting people interested to come along
- Preparation for sessions
- More control over meeting coordination with Ideas teams
- Make training more flexible via pre-recorded videos and other virtual options
- FAQ section or help desk

Gains

The benefits or achievements they have obtained.

- Working within one's own community
- Leadership skills
- Boosting confidence
- Opportunities to meet new (local) people
- Buddy opportunities between new and existing facilitators
- Mentorship opportunities

FACILITATORS

CONVERSION

A community member's reflection



Kathleen has always worked with the community and been interested in leadership, but she tells me, that sometimes she is guilty of prioritising what's happening in her private, personal life, over her work and education. "The Giving Lab has opened my eyes to the idea that I am standing in the way of my own progress. I am grateful to them because they see my potential, and they trust my abilities. I had never even heard of a Community Learner when they first suggested I become one, and yet they keep offering me new roles and opportunities to develop professionally."

Kathleen tells me that The Giving Lab has made her feel heard and understood, like she's not alone. "When I spoke recently at a TRA Roadshow and told my story, others listened and felt inspired to share their own. Now I am a Community Reporter and learning storytelling techniques. The Giving Lab has really helped build my confidence, and given me a clearer road to head down."

LOYALTY

Building a community within a community

Through all of its iterations, The Giving Lab has become a pillar in the community of Walworth. We are fortunate to have loyal participants who keep coming back to our workshops and events, and would like to believe that this is because they **share our vision** and values.

Feedback that was repeated in all of our workshops is that participants are loyal to The Giving Lab because it offers:

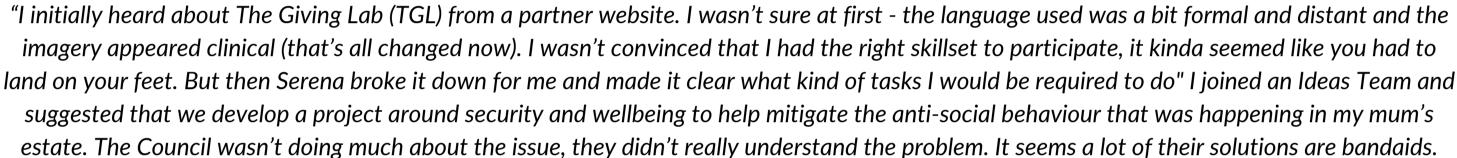
- Ongoing support and training
- 2 Opportunity to gain new skills
- 3 Community building and networking
- The chance to give back



LOYALTY

A community member's reflection

SOPHIE, THE GIVING LAB IDEAS TEAM MEMBER ---- COMMUNITY REPORTER



I was never able to finish the project because of personal issues, and I was struggling with homelessness at the time. But some time later, I found myself back with The Giving Lab. It always stuck in my mind, I just needed to find the time and space to take an active role again.

Sophie tells me that she is aligned with The Giving Lab's mission to strengthen the community and do more participatory work, and she didn't want to miss out on the chance to work with a funder who actually wants to help and listens to the community's needs, rather than tell them what they are.

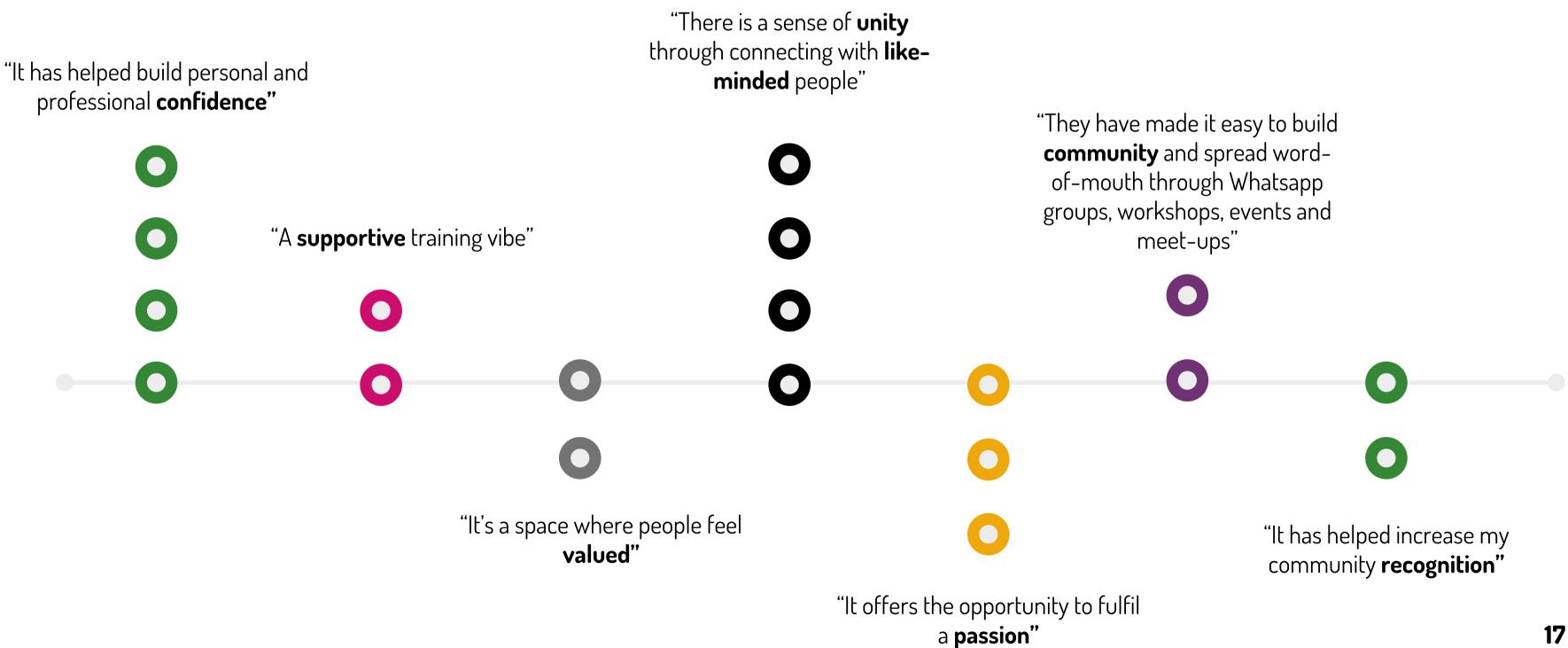
Whilst she supports the idea of creating new projects from the ground up, she wonders if there is room for funds to support local grassroot organisations who already have a foothold in an essential service?

Sophie is currently part of a new TGL Idea Team and will be leading on a new project. She's also co-facilitator of the community storytelling network whose aim it is to gather and amplify community voices.



ADVOCACY

Community members play an active role in sharing The Giving Lab with others



Data source: Focus group discussion with newly trained facilitators

ADVOCACY

A community member's reflection

SYLVIA, ADVOCATING FOR THE THE GIVING LAB

Sylvia met Serena at a micro-engagement event for Tenants and Residents Associations (TRA) and residents living in local housing estates in Walworth. She was feeling disgruntled by her community volunteering work and let down by how political it had all become. When Serena told her about The Giving Lab, she was drawn to it because it is genuinely trying to help the whole community and not just one small part. She hadn't heard of participatory grantmaking before but feels empowered to finally be heard and seen - something she hasn't experienced with other funders. When I asked her what some of the benefits of The Giving Lab were, she tells me "it's incredible to finally have someone legitimise our plight, someone who does what they say. Now, with the backing of a reputable organisation like The Giving Lab, we can hold the Council and other decision-makers accountable for their promises and (in)actions."

When Sylvia first took the pilot to her community she got a turnout of 26 people. Some were reluctant at first, after all, they have been called on for their ideas in the past, to no avail. But when Sylvia explained the planning process, she helped overcome some of their hesitation. She makes sure to keep the community regularly updated as the project progresses so that they can see that steps are being taken. "Everything takes time, but as long as people see action, they will feel reassured that they're not being left behind" she says.

In addition to the potential for real change within social housing in Walworth, Sylvia's own mental health has improved since working with The Giving Lab. She leaves every session feeling rejuvenated, energised, motivated, her sense of purpose reawakened! "There's no ego" she tells me "every voice is valid and everyone listens to each other."



Want to fund or replicate The Giving Lab in your community?

Support us, collaborate with us, find out more.

WWW.TSIP.CO.UK/CONTACT-US-1